

A History of Supporting Mental Health Counseling in the San Fernando Valley

SFVCC was founded by Claire Greene in 1971 with the mission of making mental health counseling services available to those who needed that support but simply couldn't afford it. Working from the basement of First United Methodist Church in Van Nuys, CA, she established SFVCC with a team of volunteer mental health paraprofessionals, under the direction and supervision of psychiatrists, clinical psychologists, and licensed marriage and family counselors.

As a small organization with a large impact, SFVCC has continued to use this model, in addition to incorporating trainees and interns, to improve the mental health and wellbeing of thousands of low-income individuals and families.

Over the past half century, SFVCC has provided low cost counseling and mental health services to approximately 60,000 individuals totaling more than 200,000 visits. Much of the counseling is provided by graduate students who SFVCC trains and supervises to become licensed therapists.

FOR MORE INFORMATION CONTACT US:

San Fernando Valley Counseling Center (SFVCC) can help. Set up an appointment today.



-  7247 Hayvenhurst Ave., Ste A-8
Van Nuys, CA 91406
-  info@sfvcc.org
-  www.SFVCC.org
-  (818) 341-1111

SFVCC

SAN FERNANDO VALLEY
COUNSELING CENTER

**A Private, Nonprofit
Center Providing Quality,
Affordable Counseling.**

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EVERYONE NEEDS SUPPORT SOMETIMES.

You can access low-cost services on a sliding scale when it's convenient for you.



SAN FERNANDO VALLEY
COUNSELING CENTER

THE MISSION OF THE SAN FERNANDO VALLEY COUNSELING CENTER IS TO PROVIDE LOW-CAST, AFFORDABLE MENTAL HEALTH COUNSELING TO MEMBERS OF THE COMMUNITY.

The San Fernando Valley Counseling Center (SFVCC) is a nonprofit mental health center that provides low-cost mental health counseling on a sliding scale basis. SFVCC serves anyone who can benefit from low-cost mental and behavioral health counseling.

Through the dedicated commitment of highly-trained and supervised trainees, interns, and volunteer counselors, we provide access to quality, affordable counseling.

Our counselors address a wide range of mental and behavioral health issues including stress disorders, depression, anxiety, grief and loss, suicidal ideation, and substance abuse.

We treat individuals, couples, and families, and offer domestic violence counseling and parenting classes.

OUR SERVICES

- Individual counseling
- Family counseling (members of a family are seen together)
- Marriage counseling (counseling together and/or individually)
- Crisis counseling
- Parenting classes

REFERRALS

SFVCC provides a referral service for the community to other agencies, clinics, specialized services and supportive community resources.